



**Children's Hospital Association of Texas**  
*An Association for the Advancement of Children's Healthcare Texas*

**Asthma Multi-Disciplinary Discharge Checklist**

**ASTHMA EDUCATION ON ARRIVAL to ER/FLOOR**

**\*\*Initiate on arrival; must be completed in order to discharge patient\*\***

**1. Asthma Action Plan/Education** (Physician fills out. Checked by nurse, RT, or asthma educator)

***Last name, Initial and Date/Time on Completion***

- \_\_\_\_\_ **Green Zone:**
  - Control Medicine – name, dose, method & frequency
- \_\_\_\_\_ **Yellow Zone:**
  - Control Medicine – name, dose, method & frequency
  - Quick Reliever – name, dose, method & frequency
  - Educate on when to call PCP
- \_\_\_\_\_ **Red Zone:**
  - Control Medicine – name, dose, method & frequency
  - Quick Reliever – name, dose, method & frequency
  - Educate on when to call 911
- \_\_\_\_\_ Educate patient in their preferred language
- \_\_\_\_\_ Educate patient on inhaler techniques, specific triggers, co-morbid conditions, zones above, and general care
- \_\_\_\_\_ Educate patient on medications including medication reconciliation and new medication availability, cost, and compliance
- \_\_\_\_\_ Primary Care Provider(PCP)/Clinic follow up appointment arranged
  - Primary Care Provider(PCP)/Clinic follow up name and phone number
  - Date & time of follow-up appointment or when to follow-up with physician

**2. Discharge Planning**

***Last name, Initial and Date/Time on Completion***

- \_\_\_\_\_ Asthma Action Plan completed and in chart
- \_\_\_\_\_ Asthma Education ordered
- \_\_\_\_\_ Patient meets discharge criteria → MD, nurse, RT notified
- \_\_\_\_\_ Asthma Action Plan completed by RT/asthma educator
- \_\_\_\_\_ Asthma Education completed
- \_\_\_\_\_ Primary Care Provider(PCP)/Clinic follow up appointment arranged
- \_\_\_\_\_ Family education completed in their preferred language and family signs plan
- \_\_\_\_\_ Flu shot administered during flu season
- \_\_\_\_\_ Discharging nurse verifies asthma discharge checklist is complete prior to discharge